



Introduction

This Data Sheet provides a category breakdown for causes of spinal cord injury (SCI) that occurred between 2010 and 2020. During that timeframe, there were 7,761 (N) persons enrolled in the National Spinal Cord Injury Database. This represents roughly 6% of new SCI cases in the United States during that time.

Vehicular accidents accounted for 2,956 (38.09%) of spinal cord injuries and ranks 1st in causes of spinal cord injury.

Vehicular Crushes

25.18%	N=1954	Auto (includes cars, jeeps, trucks, dune buggies, and buses)
6.91%	N=536	Motorcycle (includes 2-wheeled, motorized vehicles)
3.32%	N=258	Bicycles (includes bicycles, tricycles and unicycles)
1.58%	N=123	All-Terrain (includes both 3-wheeled and 4-wheeled)
0.23%	N=18	Aircraft (includes fixed-wing and rotating-wing)
0.22%	N=17	Snowmobile
0.12%	N=9	Boat
0.53%	N=41	Other vehicular, unclassified (included tractor, bulldozer, go-cart, steamroller, train, road grader and forklift)

Falls accounted for 2,423 (31.22%) of spinal cord injuries and ranks 2nd in causes of spinal cord injury.

Falls

6.46%	N=501	Fall on same level (includes slipping, tripping and stumbling)
5.15%	N=400	Fall on and from stairs and steps
4.03%	N=313	Fall from, out of, or through building or structure
3.30%	N=256	Other slipping, tripping, stumbling and falls (includes fall from or off toilet, fall in or into shower or empty bathtub, and fall on same level due to stepping on an object)
2.28%	N=177	Fall on and from ladder
1.89%	N=147	Fall from one level to another
1.42%	N=110	Fall from tree
0.77%	N=60	Fall from bed
0.66%	N=51	Fall on and from scaffolding
0.64%	N=50	Fall due to ice and snow
0.61%	N=47	Non-Recreational fall, jump or diving into water
0.40%	N=31	Fall from chair
0.31%	N=24	Intentional self-harm by jumping from a high place
0.30%	N=23	Fall from other furniture other than chair or bed
0.40%	N=31	Other (includes fall from cliff, fall on and from playground equipment, fall on same level due to collision with another person, fall from non-moving wheelchair, and fall while being carried/supported by other person)
1.58%	N=123	Unspecified falls
1.02%	N=79	Unknown type of falls

Acts of violence accounted for 1,104 (14.22%) of spinal cord injuries and ranks 3rd in causes of spinal cord injury.

Violence

12.94%	N=1004	Gunshot wounds
0.86%	N=67	Person-to-Person (includes assault with a blunt object and falls as a result of being pushed)
0.43%	N=33	Other penetrating wounds (includes explosion, stabbing and impalement)

Sports & recreational activities accounted for 661 (8.52%) of spinal cord injuries and ranks 4th in causes of spinal cord injury.

Sports and Recreation

3.59%	N=279	Diving
0.94%	N=73	Snow skiing
0.64%	N=50	Winter sports (includes sled, snow tube, toboggan, ice hockey, and snow-boarding)
0.54%	N=42	Surfing (includes body surfing)
0.39%	N=30	Horseback riding
0.32%	N=25	Air sports (includes parachuting, hang gliding and para-sailing)
0.24%	N=19	Trampoline
0.22%	N=17	Football
0.17%	N=13	Wrestling
0.14%	N=11	Gymnastics (includes all gymnastic activities other than trampoline)
0.12%	N=9	Field sports (includes field hockey, lacrosse, soccer, and rugby)
0.08%	N=6	Skateboarding
0.08%	N=6	Baseball/Softball
0.06%	N=5	Water skiing
0.05%	N=4	Rodeo (includes bronco/bull riding)
0.05%	N=4	Basketball and Volleyball
0.00%	N=0	Track and field (includes pole vault, high jump, etc.)
0.88%	N=68	Unclassified (includes auto racing, glider kite, slide, swimming, bungee jumping, scuba diving, rollerblading, jet-skiing, cheerleading, etc.)

617 (7.95%) of spinal cord injuries were a result of other causes.

Other

4.33%	N=336	Medical/ Surgical complication
1.87%	N=145	Hit by falling/ flying object
1.07%	N=83	Pedestrian
0.68%	N=53	Other unclassified (includes lightning, kicked by an animal, machinery accidents)

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About the National Spinal Cord Injury Statistical Center and Database

The National Spinal Cord Injury Statistical Center (NSCISC) is located at the UAB Department of Physical Medicine and Rehabilitation. NSCISC supports and directs the collection, management and analysis of the National SCI Database, which is the world's largest and longest SCI research database.

The National SCI Database has been in existence since 1973. Since then, 29 federally funded SCI Model Systems have contributed data to the National SCI Database. There are currently 14 SCI Model Systems contributing data, with an additional 5 subcontract Centers collecting Form II (follow-up) data. For a complete list, go to <http://www.msctc.org/sci/model-system-centers>.

At the time of this publication (March 2021), the database contained information on 35,105 persons who sustained traumatic spinal cord injuries. To assure comparability of data acquired by personnel in various centers, rigid scientific criteria have been established for the collection, management and analysis of information entered into the database. Additional quality control procedures are also in place to further enhance the reliability and validity of the database.

© 2021 Board of Trustees, University of Alabama. This is a publication of the National Spinal Cord Injury Statistical Center in collaboration with the Model Systems Knowledge Translation Center. The contents of this publication were developed under grants from the National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR grant numbers 90DP0083 and 90DP0082). NIDILRR is a Center within the Administration for Community Living (ACL), Department of Health and Human Services (HHS). The contents of this publication do not necessarily represent the policy of NIDILRR, ACL, HHS, and you should not assume endorsement by the Federal Government.

Citation: National Spinal Cord Injury Statistical Center, Recent Trends in Causes of Spinal Cord Injury. Birmingham, AL: University of Alabama at Birmingham, 2021.

